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## ABSTRACT

This study examined the relationship between gambling behavior and cortisol levels in 26 male gamblers. Saliva samples were collected from 26 male gamblers (mean age = 24.0 years) and 26 healthy controls (mean age = 26.0 years). Saliva samples were collected at baseline, after 1 h of playing slot machines, and after 1 h of playing cards. Saliva samples were analyzed for cortisol levels. Results showed that cortisol levels were significantly higher in the gambling group than in the control group at baseline ( $F(1,50) = 0.5, p < 0.05$ ) and after playing slot machines ( $F(1,50) = 240, p < 0.05$ ). In addition, cortisol levels were significantly higher in the gambling group than in the control group after playing cards ( $F(1,50) = 26, p < 0.05$ ). These results suggest that gambling may induce stress in male gamblers.

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## 1. Introduction

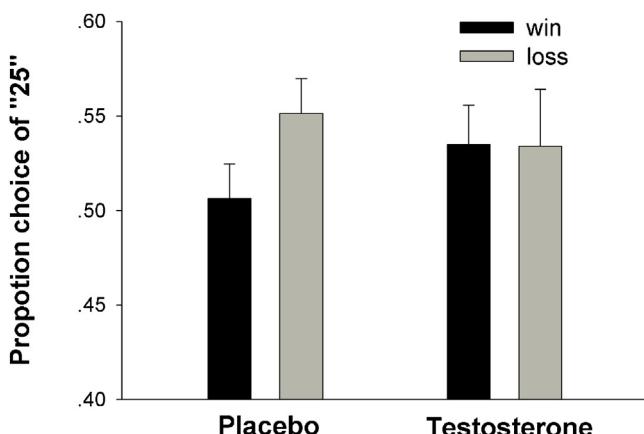
Recent studies have shown that gambling is associated with increased cortisol levels (Krauss et al., 2003). For example, in a study by Krauss et al. (2003), cortisol levels were significantly higher in slot machine players ( $>\$1,000$ ) than in slot machine players ( $\leq \$1,000$ ). In another study, cortisol levels were significantly higher in slot machine players ( $>\$1,000$ ) than in slot machine players ( $\leq \$1,000$ ) (Krauss et al., 2009). In addition, cortisol levels were significantly higher in slot machine players ( $>\$1,000$ ) than in slot machine players ( $\leq \$1,000$ ) (Krauss et al., 2009).

100871, [104@...](mailto:104@...) (J. Li).

2002). Cigarette smoking is also associated with increased cortisol levels (Krauss et al., 2015).

These findings suggest that gambling and cigarette smoking may induce stress in gamblers. In addition, gambling may induce stress in gamblers. In addition, gambling may induce stress in gamblers.





**Fig. 2.** ● ● ● ● ↑ ● ● ● ● ●

### *2.5. Mood measurement*

## 2.6. Statistical analysis

(25)  $p > 0.1$ ,  $\dots$

### 3. Results

$t(25) = -14.23$ ,  $SD = 47.68$ )

$t(25) = -1.52$ ,  $p = 0.14$ )

$t(25) = -0.97$ ,  $p = 0.33$ )

$t(25) = 0.97$ ,  $p = 0.97$ )

A :  $M = 52.85\%$ ,  $SD = 12.22\%$ ; B :  $M = 52.55\%$ ,  $SD = 8.39\%$ ),  $t(25) = -0.16$ ,  $p = 0.88$ .

$\eta^2 = 0.00$

$F(1, 25) = 6.36$ ,  $p = 0.018$ ,  $\eta^2 = 0.20$ . A :  $M = 55.13\%$ ,  $SD = 9.46\%$ ),  $F(1, 25) = 5.49$ ,  $p = 0.027$ ,  $\eta^2 = 0.18$ . B :  $M = 50.63\%$ ,  $SD = 9.39\%$ ),  $F(1, 25) = 5.49$ ,  $p = 0.027$ ,  $\eta^2 = 0.18$ . C :  $M = 53.41\%$ ,  $SD = 15.33\%$ ),  $F(1, 25) = 0.002$ ,  $p = 0.97$ . D :  $M = 53.50\%$ ,  $SD = 10.52\%$ ),  $F(1, 25) = 0.002$ ,  $p = 0.97$ .

$p = 0.47$ ,  $F(1, 25) = 0.55$ ,  
 $t = 2.77$ ,  $t(25) = 2.77$ ,  $p > 0.1$ .  
 $(50\%)$   
 $p = 0.01$ ,  $F(1, 25) = 1.35$ ,  $p = 0.26$ ;  
 $F(1, 25) = 0.09$ ,  $p = 0.76$ ;  
 $F(1, 25) = 0.06$ ,  $p = 0.81$ ;  
 $F(1, 25) = 0.06$ ,  $p = 0.001$ ,  
 $p = 0.97$ .

#### **4. Discussion**

([Liu et al., 2013](#); [Li et al., 2009](#)). The results of the present study indicate that the variation of the soil properties is mainly influenced by the lithology and the weathering degree of the bedrock. The soil properties are mainly influenced by the lithology and the weathering degree of the bedrock ([Liu et al., 2002](#)). The soil properties are mainly influenced by the lithology and the weathering degree of the bedrock ([Liu et al., 2015](#)). The soil properties are mainly influenced by the lithology and the weathering degree of the bedrock ([Liu et al., 2004](#)). The soil properties are mainly influenced by the lithology and the weathering degree of the bedrock ([Liu et al., 2005](#)). The soil properties are mainly influenced by the lithology and the weathering degree of the bedrock ([Liu et al., 2012](#)). The soil properties are mainly influenced by the lithology and the weathering degree of the bedrock ([Liu et al., 2016](#)). The soil properties are mainly influenced by the lithology and the weathering degree of the bedrock ([Liu et al., 2010](#)).

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